

NARRASKETUCK YACHT CLUB

JUNIOR TRAINING STATEMENT OF UNDERSTANDING 2009

The basic sailing course you are about to begin is an exciting and demanding challenge, but you need to be aware of what will be involved in the course and be willing to study and practice to achieve success.

- A swim test is required of all students, which consists of swimming 50 yards in the waters of the area you will be sailing in, in sailing clothing, including shoes.
- The attached medical information form and this statement of understanding must be completed and signed by your parents and returned by the first class. If not received by then, you will not be allowed to participate.
- You will be required to provide your own personal flotation device (PFD) which must be Coast Guard approved, the proper size for your weight and build, and form-fitting and comfortable, as you will be wearing it at all times, both in the boats and on the docks and piers.
- Bring a change of clothes, snack, drink, and a towel to each session.
- There is no swimming allowed from the club docks.
- Please arrive on time and be ready to sail. Please wait quietly for class to begin.
- After your class is finished, please wait quietly for your parents to pick you up. The instructors only have a brief break during the day and they need a chance to relax.
- All students are welcome to attend Wednesday night races at Narrasketuck from 5:30 p.m. until 8:00 p.m. A quick dinner will be served around 5:30 for all participants. These events are weather permitting, please check with the instructors if the weather is doubtful for the evening.
- We encourage all sailors to participate in the Narrasketuck Junior Invitational Regatta to be held on Friday, August 1st. All Narrasketuck Junior Sailors are invited to attend. This is a premier event for junior sailors from all over the Great South Bay. See your instructor to let her/him know that you will be attending.

The Club provides training boats. Program fees include junior membership in Narrasketuck Yacht Club and US Sailing membership for one year.

I understand that in entering this sailing course, I agree to obey all program rules as set forth by the program director and the instructors, I will use utmost care in the use of the boats and equipment, and I will not engage in any horseplay or other disruptive behavior. I understand that failure to attend regularly, arrive promptly and abide by the rules may result in my suspension from the program.

Student Name (print): _____

Student's Signature _____

NARRASKETUCK YACHT CLUB

2009 Waiver Agreement

STUDENT NAME: _____ DATE OF
BIRTH _____

The undersigned is the Parent/Guardian of the Junior Sailor named above and hereby acknowledges that the execution of this Agreement is a condition to the participation of the Junior Sailor in the Narrasketuck Yacht Club Junior Sailing Program (hereinafter referred to as the "Program") as stated above. The undersigned accepts that the sport of sailing and the conduct of the Program entail and are subject to certain inherent risks, and, on behalf of the Junior Sailor, accepts all risks on land and at sea of participation in the Program. Now, therefore, the undersigned does hereby agree as follows:

- 1) The undersigned consents to the participation of the Junior Sailor in the Program and agrees that this will extend to the Narrasketuck Yacht Club.
- 2) The undersigned consents to the participation of the Junior Sailor in all regattas, clinics, and sailing events (hereinafter collectively referred to as "Regattas") which are a part of the Program and acknowledges that said consent is without exception within the limits proscribed within. The undersigned further agrees that this Agreement will extend to the benefit of yacht clubs/ sailing associations (hereinafter referred to as "Host Clubs"), which are the host to or venue of such Regattas.
- 3) The undersigned (including heirs, successors, and assigns) waives any claims against and releases any obligation of the Club, each Host Club, and all of their respective members, employees, agents and all persons serving as members of the Race Committees or Juries or any other person acting in any capacity for the conduct of the program or any Regatta in relation to any loss, injury or damage, on land or at sea, to the Junior Sailor or to the boat or other property of the undersigned or the Junior Sailor to the fullest extent permitted by law.
- 4) The undersigned (including heirs, successors, and assigns) agrees to reimburse and hold harmless the Club, any Host Club, and all of their respective members, employees, agents and all persons serving as members of the Race Committees or Juries or any other person acting in any capacity for the conduct of the Program or any Regatta for any loss, damage claim, or injury caused by the negligence, or misconduct of, or failure to exercise reasonable care by the Junior Sailor.
- 5) The undersigned (including heirs, successors, and assigns) agree to assume the obligation for the expenses of repair and/or replacement of program equipment that is attributable to the Junior Sailor's reckless or irresponsible behavior.
- 6) The undersigned agree to make an appointment for an instructor conference if requested.

I have thoroughly read and understand the 2009 Waiver Agreement. By signing this document, I acknowledge the execution of this agreement and agree to each of the provisions listed above.

Parent/Guardian (Print Full Name)

Parent/Guardian Signature

Date Signed